



## **Top 30 Beliefs Blocking Intelligence**

- 1) I'm Not Smart Enough
- 2) If People Are Smarter Than Me They Know Better Than Me
- 3) If I Was Smarter I Would Be Happy
- 4) If I Was Smart I Could Figure Out Life
- 5) The Smartest People Make All The Money
- 6) I'm Too Stupid
- 7) How Come I Can't Figure Out My Baggage?
- 8) Can't Fix Stupid
- 9) I'm Not Smart Enough To Succeed
- 10) Loving Makes You Stupid
- 11) I'm Below Average
- 12) If I'm Smart, Why Am I Not Happy?
- 13) I Need To Be The Smartest Person In The Room
- 14) If I'm Productive I Don't Need To Be Smart
- 15) I Will Do What Others Say So They Don't See I'm Stupid
- 16) People Need To See How Smart I Am
- 17) I'm Not Smart Because I Don't Have A Good Memory
- 18) Smart People Should Lead
- 19) I Don't Want To Look Stupid
- 20) I Only Want To Talk To People Who Think I'm Smart
- 21) People Treat Me Like I'm Stupid So I Must Be
- 22) If You're Going To Be Dumb You Have To Be Tough
- 23) I'm Not Smart Enough To Start My Own Business
- 24) My Parents Need To Believe In My Intelligence
- 25) I'm Smart With Some Stuff
- 26) If I Prove My Point They Will Know I'm Smart
- 27) People Think I'm Dumb
- 28) I'm Smart I Should Be Rich
- 29) I Don't Trust My Intelligence
- 30) The World Needs To Know How Smart I Am