

## **Top 30 Beliefs Blocking Power**

These Are The Beliefs Stop The Realization Of Personal Power. These Beliefs Block Reality Creation

- 1) I Am Limited (Something Can Limit My Power, Even This Belief)
- 2) I Must Have Limits (Unlimited Power Is Dangerous)
- 3) I Don't Deserve Power (I'm Unworthy Of Power)
- 4) Power Corrupts (If I'm Powerful I'll Become Narcissistic)
- 5) If I Have Power People Will Try To Hurt Me (If I Have Power People Will Try To Take It From Me, People Give Me Love For Being Powerless)
- 6) If I Have Power I Will Have To Lead People
- 7) God Has All The Power (Power Is Outside Of Me)
- 8) Other People Have Power Over Me (Parents, Spouse, Kids, Boss, Etc.)
- 9) I Have To Do What I Don't Want To Do (I Have To Suffer, I'm Helpless)
- 10) If People Don't Respect My Power, I Don't Have Power
- 11) Money Is Power
- 12) I Don't Have Power (I Don't Have Control Over My Reality)
- 13) People Don't Care About Me (People Don't Listen To Me)
- 14) I Need My Families Approval
- 15) People Will Be Afraid Of My Power (I Don't Want To Scare People)
- 16) If I'm Powerful, I'll Never Be Alone (People Will Always Need My Attention)
- 17) Power Is Fleeting (I Can't Trust It)
- 18) I Have To Do Something For Power (What I Do Doesn't Matter)
- 19) Power Is Outside Of Me (The Clock Has Power Over My Life, The Government Has Power Over My Life)
- 20) I've Never Had Power



- 21) People Can Limit My Power (What Others Think Of Me Matters, I Need Others To Understand Me)
- 22) It's Not My Fault My Life Is This Way (Someone Else Is To Blame For My Life)
- 23) Power Has Limits
- 24) I Can't Change (Life Is What It Is, I Have To Accept My Lot In Life)
- 25) I Can Die
- 26) If I'm Powerful People Will Want Me To Show Them How To Become Powerful
- 27) Believing In My Power Doesn't Make It Real
- 28) If I'm Powerful People Will Be Hurt (My Power Limits Someone Else's Power)
- 29) My Power Will Cause Pain (We All Can't Have Power)
- 30) Freedom Of Choice Can Be Taken From Me