



## **Top 30 Beliefs Blocking Unconditional Love**

These are the beliefs that block humans from experiencing unconditional love in their lives. These beliefs can also sabotage relationships and turn the experience into conditional love

- 1) I Don't Deserve Unconditional Love (I'm Nothing Without Love)
- 2) I'm Not Good Enough For Unconditional Love (Love Isn't Good Enough For Me, My Love Should Be: Spiritual, Attractive, The Right Religion, Rich, Etc.)
- 3) I Won't Find Love (I Don't Matter)
- 4) My Lover Should Love Me (I Need To Be Loved)
- 5) My Lover Should Love Me Unconditionally (The Love I Give Should Be Returned To Me = A Condition)
- 6) My Lover Doesn't Love Me Enough (My Lover Doesn't Love Me The Way I Want To Be Loved)
- 7) Conditional Love Is A Representation Of God's Love
- 8) I Have To Do Something To Receive Love (Love Won't Come Without Effort)
- 9) My Parents Love For Me Is The Model For Love
- 10) Love Can't Last (Love Is Supposed To Last Forever, I Know How Long Love Should Last)
- 11) I Need Love Right Now
- 12) My Lover Should Know Everything About Me (My Lover Should Be Able To Read My Mind, My Lover And I Should Have The Same Idea Of Happiness)
- 13) All Love Leaves If Lover Leaves (If My Lover Leaves I'll Never Love Again)
- 14) I Have To Prove I'm Worthy Of Love (I'm Flawed, My Personality Is What Is Stopping Love From Coming To Me)
- 15) A Lover Will Be The Source Of My Happiness (If I Don't Have A Lover I Won't Be Happy)



- 16) Lovers Must Agree (If My Lover Doesn't Agree With Me, They Don't Love Me)
- 17) I Have To Love Myself (A Lover Won't Come If I Don't Love Myself)
- 18) I Don't Need Love
- 19) Love Is Risky Or Painful (I Could Get My Heart Broken)
- 20) I Need My Families Approval (My Family Should Love My Lover As Much As I Do)
- 21) I'm Not Good With Love (I'm Not Good In Relationships, I Can Sabotage Love)
- 22) You Only Get One Love (If My Lover Dies I'm Not Allowed To Love Again, My Lover Should Never Ignore Me)
- 23) My Lover Should Be Faithful (My Lover Shouldn't Love Anyone Else)
- 24) My Lover Shouldn't Have Past Relationships (My Lover Shouldn't Have Baggage, This Love Should Be Different Than Every Other Relationship I've Ever Had)
- 25) My Lover Should Listen To Me (I Know What's Best For My Lover)
- 26) Love Should Be Perfect From The Beginning (Love Should Always Be Love At First Site)
- 27) I Know All There Is To Know About Love
- 28) If I Find Love I Will Have To Give Something Up (My Friends, Family, Heritage, Home, Community, Hobbies, Etc.)
- 29) A Lover Is What's Best For Me (My Life Would Be Better With A Lover In It)
- 30) Lovers Should Never Argue