

## The Appreciation Of What You Have Paradox

The First Doorway To Becoming A Financial Shaman

## The Paradox:

How do you ask abundance to grant you more money when wanting more simultaneously means you are not grateful for what you have? Wanting more means that you view what you have as not enough. Paradoxically, telling the Universe that you don't want more money and are just grateful for all you have ensures you will never get more by staying small. Plus, you will never move toward the abundance doorway out of the labyrinth.

You cannot be grateful while wanting more. You cannot want more without feeling there is not enough now or won't be enough in the future. So then, how do you show the Universe you are indeed grateful and appreciate all you have been given while demonstrating that you are able to allow more abundance to flow to you? Because abundance will not flow to those who are not grateful AND who do not ask for more.

## The Threshold:

Being grateful for when you receive something is nice, but it eventually wears off when the newness of what has been received wears off. If you stay in a perpetual state of gratitude, you will limit yourself by not following your heart toward more. You see both your heart and your ego want more. Except there are certain times when wanting more is coming from your ego and is self-sabotage. There are other times when wanting more comes from your heart, and not following it toward more would be the very definition of self-sabotage. There is no way through this door without knowing which is which.



So then, staying in a perpetual state of gratitude is far easier when your heart has complete control of your decision-making. Then it moves you toward more while you can stay present and grateful for all that is allowed to come into your life. Without this full surrender, you may lose faith when the heart moves you toward less and reach for a mechanism to bring you money born of fear and scarcity.

When becoming a financial shaman and passing through the abundance doorway, it must be done alone. You cannot lean on anyone because that would be a mechanism born of fear and scarcity. You cannot beg, borrow, steal, or work in the traditional sense. You can only do what your heart tells you to do, even if you are starving with no money and, subsequently, no food. You have to trust one hundred percent that the Universe will provide for you. That is the only way the abundance boundary can show itself.

## The Solution: ?