



# **The Efficiency Paradox**

## **The First Doorway To Mastering The Abundance Frequency**

### **The Paradox**

Imagined scarcity and the actions that it brings restrict abundance, however, imagined scarcity that restricts abundance actually creates more abundance through efficiency. Those who believe in scarcity will conserve resources, thus making more with less. Therefore, abundance will not be denied.

So then the question is, which is better, to be efficient or to simply be abundant and see all scarcity as an illusion?

### **The Threshold**

It makes the most sense to utilize efficiency heavily when you believe in finite resources or the situation calls for efficiency. Being wasteful would be problematic and would fall into the realm of self-sabotage to keep your not good enough story alive if you just act abundant and spend accordingly. You must spend how your heart says to; all else is self-sabotage.

All that said, what if your heart says to spend money on something that you don't want to spend money on? If the decision is not based in scarcity, is it alright to deny what your heart wants you to buy, or would that be considered self-sabotage? Wouldn't you have to understand the perception your heart has of the situation to then understand the you that doesn't want to buy whatever it is? Essentially, if it is coming from your freedom of choice and not preprogrammed scarcity, is it alright to say no to buying something your heart wants you to buy? Why so, or why not?



When you purely act abundantly, knowing the abundance boundary is always there and you will always eat, there may be lean times that require you to be very efficient, to make sure you eat. But when the resources return, are you free to be abundant or should you stay efficient? If you say, just ask your heart what to spend money on and what not to so you can be done with it, are you a master of abundance or are you simply a pawn of it?

**The Solution: ?**