



# Enlightenment Map

## Overview:

This map shows the path of healing that needs to take place in order to become an enlightened master. Let's begin by taking enlightenment itself down off of the pedestal and simply think of it as a path of healing. Or a threshold of healing. Meaning that once you have healed the subconscious and all internal wounding enough, you will pass through this threshold. That is all.

This is my road map, however, your path to enlightenment will be completely your own. I am simply showing you the way I found up the mountain or my own path through the labyrinth. Meaning that it will be unique like a fingerprint. That said, your path to enlightenment is just like a fingerprint it will be uniquely your own while simultaneously sharing similar traits to everyone else.

To keep with the fingerprint analogy, what I am describing below is the anatomy of the finger while the print itself will be completely your own. For example, things like trust falls with your heart or leaps of faith will be commonplace with everyone's journey of self-discovery. But what the trust falls entail and what you learn from them will be specific to your journey.

## Step 1: Trauma Work

The path to enlightenment begins with trauma work. Being that I am a financial shaman, I have labeled trauma work "Unbrainwashing Poverty." Trauma work is the work of healing all your past traumas in order to reframe the understanding of you being a victim in a hostile universe to you being an adventurer of experience in an unconditionally loving and supportive Universe.



To go back through each of your traumas requires strength and courage. This is why most people won't do this without a shaman. Since there are so few shaman in the world at this time, this means that most people will need the help of a shaman through a course, workshop, or book so they can learn to do it themselves and be their own shaman. Shaman's content or study materials are always designed to point people back to their hearts for guidance at let it lead them. Trauma work is every shaman's most important work.

Once all the traumas have been healed you can move on to any trapped emotions that remain. The golden nuggets received by healing the traumas should in all likelihood make a person comfortable with receiving messages from within. This means any trapped emotions that remain should be simple to find and learn from in order to heal them as well after all the traumas are gone. Once whatever is learned is heard and ideally assimilated then the ego's main evidence for why this is a hostile universe is removed.

After all traumas are healed and all trapped emotions released, you must move on to the core wound. The core wound is mended the same way a trauma is, but it is the most traumatic experience of a person's life. This means you must be extremely gentle with the core wound and take your time with it. This is why the momentum must be built up to it for ease when it comes to this wounding. Once the core wound is healed the structural argument that this a hostile universe begins to erode and will forever be on shaky ground. It also means the ego itself will become more hostile until ego death.

The imagination overlay onto physical reality is what creates or distorts perception. So all perception must be healed through the imagination since it is the story attached to the event that needs healing. Said differently, you must win back the imagination and its control over your life by healing the lie that this is a hostile or chaotic universe. Once all is learned that is needed then emotional intelligence is remembered as



truth. Essentially trauma work is going back through a person's life and teaching them emotional intelligence from their first trauma to their worst trauma to now. The shaman reparents them or rather, helps them reparent themselves, using this technique. Technically, it is a person's heart that reparents them using the wisdom they now have access to.

## **Step 2: Emotional Intelligence Training**

Emotional intelligence is the next intelligence in line for humans to cultivate. Because of this it has been removed or inhibited to focus on developing the mind, logic, and reason. Similar to blindfolding someone for an extended period of time to improve their hearing, taste, or smell.

What this means is that most people start out by not being very comfortable feeling all their emotions fully. Said differently, they have been taught to suppress emotion and not show very much emotion to other people. This is how we blind ourselves to emotions by stifling them. So the first thing everyone must do for themselves or a shaman does for their seekers is to give them permission to feel. They need permission to feel everything they need to feel and not judge it as bad but just get in the habit of letting the emotions flow.

From here you can learn what negative emotion is intended to do. This makes a person hungry to process emotions when they are not worried about feeling them. No emotion exists in a vacuum and is always tied to perceptions and beliefs. When someone imagines the worst-case scenario but does not immediately stop to process the emotion that they feel, this leads to emotional hijacking.

Emotional hijacking is when you attempt to quell negative emotions by using outer physical actions. For example, you see your body in the mirror and feel insecure and begin to hear self-loathing in the mind, so you decide to go to the gym. Even if the gym is a positive action that will support the path of becoming your highest and best self,



due to the fact that the motivation to go to the gym comes from self-loathing the action is a form of self-sabotage. This is because the action does nothing to prevent the same emotion from coming up tomorrow to be felt. The lesson underneath the pain wasn't learned so the negative emotion will get louder and prouder.

People attempting to fix negative emotions outside of themselves with physical action is the reason we have violence on the Earth. People want to control their fears by controlling the people around them and their actions. This always leads to rebellion and eventually violence. Violence, perfectionism, manipulation, self-righteousness, and doing what you don't want to do are the dominant patterns of how humans handle their fears. This is the world crying out for more emotional intelligence.

### **Step 3: Unraveling Beliefs**

When someone knows that their negative emotion is an invitation inside to find the brainwashing underneath it, they must then be taught how to properly unravel beliefs. When someone gets comfortable with unraveling beliefs and processing emotion they typically go on a quest to unbrainwash themselves. This is the place where they trust themselves to follow their own inner guidance through the labyrinth.

In the process of unraveling beliefs, we want to start an open dialogue with the heart. We need the heart's perception of a belief or situation to counter the mind's perception in order to test its validity. The heart will always have the highest perception of the situation that is allowed at that time. This means a person must wean themselves off of their mind or ego's perception of the situation and align it with their heart.

To do this we have to become adept at being unsure of the first perception we have or anything, especially if it feels bad. The first



perception is typically the ego's perception because it is the most dominant or most practiced neural pathway used.

Byron Katie's The Work is the best method I have found to unravel beliefs because even if you do not have clear practiced communication from the heart, using the opposite beliefs is the best place to start. Even if the turnarounds or opposite beliefs make no sense, it is a good place to start practicing taking what is currently known that's causing distress and seeing another perception that may feel better. If the glass being half empty makes you feel bad, can we find out how we would feel by simply juxtaposing perceptions? When you see a situation or belief through a new lens of perception, you can begin to question why you need the old belief that makes you feel bad.

Any tool to unravel beliefs that does not incorporate listening to the heart or, at the very least, listening to the emotions, is doomed. You cannot unravel beliefs using the mind alone for the mind is the one housing those beliefs. You cannot use the mind to pacify the mind. This is the same as asking the ego to catch itself or the same as asking the chief of police to catch the arsonist when the arsonist is the chief of police. You must have the heart's wisdom to contrast the ego's anti-wisdom.

After sufficient practice listening to the heart and processing anything that feels off emotionally, momentum toward enlightenment has begun. This is the best place for the ego to thwart enlightenment. It does this most often by focusing on something the ego itself has full control over. Like the future for example. The future is always a fantasy and is in the ego's control because you must use your imagination to think about the future. The ego has the power to project a future you do not want onto the movie screen that is your imagination and tell you that the nightmare you see will happen unless you stay safe and stay small. The carrot and the stick, or in this case the fear of the stick, is how it manipulates you.



## **Step 4: Choose A Doorway**

Not everyone needs to know their heart's calling or be on their way to mastering it to reach enlightenment. Only those who have chosen the money manifestation or abundance doorway, or those who have chosen the placebo healing or ease doorway. The heart's calling will typically be revealed during the enlightenment process to all people who go through other doorways. That said, I personally believe the heart's calling is the best game in town to reach enlightenment, but I'm biased.

Everyone must choose a doorway to exit the labyrinth of human life. This doorway was already chosen before you came here though most may not be aware of which one they have chosen. Just like with the heart's calling it will always be tied to your highest excitement. When you read the list of doorways just pay attention to your emotions and see if one excites you to learn about. A doorway is simply the best mirror for you to see your own brainwashing and catch the ego red-handed. It is a subject that you will enjoy studying but that will force you to eventually confront your ego and defeat it.

There are seven doorways to choose from. The doorways are Unconditional Love or relationship, abundance or money manifestation, ease or body (aka placebo healing), plant medicine, orgasm energy, Mother Nature, and emotional intelligence. One of these subjects will need to be studied in conjunction with emotional intelligence because emotional intelligence is the key to opening the doorways. Meaning that no matter which doorway excited you the most you will also have to learn emotional intelligence to be able to walk through it. The abundance doorway is the most difficult, I do not recommend going toward it first. Mastering the heart's calling and following the money map is all you need to do to master money. The Unconditional Love or



soulmate doorway is the second most difficult. After that, they are all tied for the third most difficult.

The more you study your specific subject while practicing emotional intelligence, the more you will move through the labyrinth on your way to mastery. This is the best way to thwart the ego's game of distracting someone from unbrainwashing themselves. When a person has come to a place where they can converse with their heart, going toward one of these subjects will feel fun and exciting. Mastery will be a playful way to constantly evolve.

The doorways are meant to be something a person can focus on understanding as they also understand themselves. Each doorway is a mirror that helps them clean their lens of perception in order to self-love and see themselves as perfection in the mirror. It can be the subject they focus on while falling in love with themselves and creation itself. This way they don't have to be constantly focused on themselves and defeating their ego.

## **Step 5: Catching The Ego**

There is more than one way to do anything so this would include defeating the ego. However, I believe the simplest method to do so is to practice catching when it is speaking to you and ignore it. Or practice asking your heart if what you just heard in your mind is true or not. You can practice catching every single one of its tricks as I did or you can ignore the ego altogether and focus on surrendering all decision-making to your heart.

After the core wound is healed and all the trapped emotions have been healed as well, then you can move on to defeating the ego. This presents a fork in the road of taking the ego on directly or ignoring it. There isn't a best strategy. Either way works because both focus on listening to the heart instead of the ego.





When you want to catch all the ego's tricks this means you must study your opponent with great care. Never underestimate your opponent when doing this. Never underestimate the ego's control of your decision-making. When you catch the ego's tricks enough times it will eventually admit defeat and you can move onto the cocoon. It is like catching a magician's trick over and over and over again until they finally give up and no longer want to fool you.

The challenge with this approach is that you will need to be hyper-focused on everything that you think. You will need to put evolution above any other life priorities and will most likely want to be separated from people to focus on this endeavor. Other people's perceptions and energy could distract you from your mission. The problem with this path is that you must give up the life you currently reside in to walk it. Think of Babaji meditating in a cave alone for ten years to reach enlightenment. It is extreme.

On the other side of the coin, we have the emotional way of defeating the ego. This is where you get stronger every day by practicing connecting with your heart while not paying attention to the ego's nonsense. This is where you get really good at feeling everything without reacting. You let the negative emotions be there without taking action. You feel the deepest parts of yourself and move with the energy of love and excitement. You pay attention anytime you feel unloved because you recognize that the ego is attempting to manipulate you into doing something you don't want to do. The ego will still freak out and cause pain but because you are going to your heart for answers and ideally unconditional love, you will have a life raft while lost at sea. This is the way I recommend defeating the ego. This is the way I have all my apprentices practice.

Of course, it is your choice how you are going to defeat the ego, feel free to find your own way if that calls to you. The ego has the same clock on it that you are waiting to expire no matter which method you





choose. Once the core wound is healed then it is up to the higher self to bring a person to ego death on their own time. If you know and understand this step, it is best to choose how you want to handle the ego until it is ready to die.

## **Step 6: Ego Death**

Ego death is meant to simulate actual death. Meaning that it comes seemingly out of nowhere and catches you off guard, just like actual death does. You do not tell death when it is time to die, it tells you.

You always begin with a eulogy to the ego. You never really know what you are saying goodbye to but this part of the game is over. So you thank it for all it has taught you, all it has helped you knowing that it will eventually be gone for good.

Then the ego has messages for you. Messages that you are intended to contemplate throughout the entire cocoon process, or at least at the end of the game. When you have received the messages and said goodbye, you let the ego go behind a doorway and shut it forever.

From here you move directly into the cocoon phase. The first thing you notice about ego death is that you are not that different than yesterday. This is by design, so you begin to doubt yourself by doubting that the ego is really gone. This exposes the phantom ego best represented by doubt. After the ego dies you move on to doubt as the next instructor in the dojo.

There are two things to remember after ego death that set up the cocoon experience. If you are a shaman guiding someone then they need you to tell them these things after ego death to get the most out of their transformation. First, the key to the cocoon experience is surrender. They must surrender to the heart's instruction no matter how crazy or bizarre it may sound in the moment. This is how alignment happens.



Second, they will contemplate suicide but encourage them not to do it. It is not them that wants to die, it is the darkness within. Suicidal thoughts arise to clearly establish the difference between you, the heart that wants to remain, and the darkness that wants to end all the pain by suicide.

Ego death like regular death is shocking in its simplicity. It is simply what is happening and then it is done, and you move on. Death itself is like this. There is usually a build-up that makes the actual event bigger than it really is. Once someone dies you move on to the next steps in the process, that's all.

## **Step 7: The Cocoon**

If are told anything about the cocoon or plan to help people through ego death let me give the only thing you should say about it. "This will be the most difficult but transformative year of your life."

The cocoon lasts roughly one year for everyone, give or take a few months. During this time, you must confront four basic components. The first is doubt. You will be put through a series of trust falls that your heart will tell you to leap. Next, all your toxically codependent relationships will be revealed to you. You will also encounter all your attachments to the way you think life should be. Lastly, you will have to learn and fully accept who you truly are.

When you learn who you truly are on the other side it forces a division between the ego and the conscious awareness. Said differently, now you get to choose between who you really are and who you have been taught to be throughout your human life. Without this acceptance, the cocoon will be much more difficult.

The cocoon is meant to break your addiction to using your mind to solve your problems. This is where you align to the heart by listening to only its instructions no matter how difficult or crazy they may sound.



You must surrender to the heart and let go of the idea that you know what is best for you. This lets you face the part of you that wants to control everything.

The reason you want to control everything is because you believe that if everything was up to you then there would be no suffering in your life at all. Except you came here to suffer and to grow from pain. This means you have a part of you that is trying to protect you from pain and a part of you that knows pain is a part of evolution here.

When you willingly choose to give over your free will to the heart and surrender to its instructions you essentially tell the darkness that no matter what happens you will only follow the inner light. This is how you end all self-sabotage in your life. When you no longer do anything the ego tells you to do, self-sabotage officially ends and the path becomes a somewhat linear yet slow gradual march to enlightenment.

## **Step 8: Hell Year**

The cocoon will be the most difficult year of life. It is a trap created by you, FOR you. It was designed to be the polar opposite or complete contrast, to everything you want to experience in life. If you want abundance, you will experience extreme scarcity. If you want unconditionally loving relationships, you will experience drowning in toxic codependency. If you want a top-notch physical body it will most likely be falling apart during this year or in chronic pain.

Your cage is a cage of preferences in this way. This is how you get a clearer understanding of what you came to experience in this life. To know anything, you must fully experience its opposite. You will experience things that challenge you by either making you lean on opposite tendencies or by having you experience the exact opposite of what you most want in life.



The things you do well will be used against you. For instance, if you are welcoming, loving, and forgiving you will be infested with people who do nothing but take from you which will challenge you to say “no” and self-love. If you are good at being alone, you will either be challenged by finding yourself smothered by people you cannot get away from or by being alone for an extremely long time to find the line of when too much aloneness becomes toxic.

This is where you come face to face with your worst fears. You can do nothing to avoid them or prevent them because those would be actions born of fear. This changes your relationship with pain. Changing this relationship takes time and understanding. This means you will be put through massive amounts of pain in order to study it and your reactions to it.

The idea is that pain no longer creates a story of how you are not loved or how you could have done something better. What you learn in the cocoon is that this experience is all scripted so there is literally nothing for you to do but experience what happens. You wrote your script and you must find out why it is the way it is and how this story ends.

How else would you become fearless except by experiencing your worst nightmares? One by one you slowly but surely check off all the boxes of worst fears until you come to a place where you can't remember the last time you were afraid. Nothing scares you because everything has already tried many times.

Hell is the worst. This means if you train yourself to love hell by experiencing it fully, then nothing could threaten you because you have already been through and survived the worst. It is where you beg for death because death would be so much better than this hell experience. When you are faced with the illusion of choice to stay and complete the game or commit suicide it gives you a great inner strength to call upon when needed.



## **Step 9: Limbo**

The cocoon breaks open at the darkest part of hell. The rock bottom of the cocoon is where it opens and lets you out. The night is darkest just before the dawn. Dawn is the moment you are officially out of the cocoon and in Limbo.

Limbo is what makes you a master of self. It is designed to squeeze all the remaining darkness out of you. You become an exposed raw nerve slowly stripped of darkness. It is extremely confusing because you have two separate but distinct parts of you that want you to agree with their perception of things. Confusion will abound if you are attached to the old story of being human. You feel crazy as you attempt to understand who you really are but still attach to the human understanding of what is happening to you because it is so practiced and familiar.

When you accept and trust the process of Limbo what it slowly does is rebuild your identity. Any time the old human perspectives of what is happening come back up they create great pain. After the pain passes the truth is seen in order to heal the broken neuropathway that corrupts perception and makes you walk a painful path.

During this time, you also need to break free of full surrender to the heart. You must wrestle back your decision-making bit by bit. Usually, this is done through a series of intense situations where your heart will tell you to do something or choose something that you are very opposed to. This forces you to stand on your own two feet and begin to trust that your choices within the game are valid. Limbo is very strongly tied to regaining your personal sovereignty and trusting yourself again.

During Limbo, the logic must be retrained. Logic is based solely on past experiences and since you are just coming out of the most



horrific experience of your existence, you need time to bask in the light and build new evidence that things are moving away from darkness, not toward more.

You must defeat all the minotaurs that remain while in Limbo. This means you will have to face the jackal (Meaning), the phantom (Doubt), and the judge (Conditional Love). After you defeat the judge you then must face the king of the demons which is your victim's story. The victim's story is the birthplace of pain and the final division between you and your higher self. You chose to be in hell so how could you be a victim of something you chose for yourself?

The light from within begins to pour through your heart. You feel connected more and more to Unconditional Love every day. However, since you are so bare and raw from pain, the slightest miscommunication, attachment, or other upsetting situation can cause you to blow up or fall apart. You are at your most highly sensitive emotionally at this time.

Limbo's job is to get you to the place where you are ready to accept all the love the Universe has for you. It does this by stripping away any remaining perceptions or habits of thought that make you feel unloved. This ends with rewiring the main darkness neuropathways that make you feel you are not cared for by God when you experience pain of any kind.

## **Step 10: Checking The Boxes**

The game of human life ends with three boxes checked. The first is to stop learning through pain or the game itself stops trying to scare you. When you fall in love with pain because you fully understand the reason it was created in the first place, it can no longer harm you. The second box is that your heart is on, the sun is up, and you can feel the love





pouring through your heart at all times. Lastly, the third and final box pertains to whatever specific doorway you have chosen.

The heart expands gradually and incrementally. It will feel like it makes leaps some days and then falls back down when you wake up in the morning. But when it is on and open there is nothing quite like it. My words and descriptions fall short. You can't hold a grudge for any reason, can't stop smiling, and can't see any problems in Existence at all. It is like you have been out in the cold your entire life and now there is a warm fire within your heart that makes you cozy wherever you are.

You will know pain is over when the final neuropathway or original main pain neuropathway is rewired. When pain no longer triggers a story in your mind that you are not cared for or loved then you will officially know pain is gone. Until then you must keep shifting your relationship with it and getting comfortable getting back up after you get knocked down.

The final checkbox is your gift for passing through your specific doorway. If you are an abundance master, you will be able to manifest money. If you are a body master, you will be able to heal yourself using placebo healing. If you are an Unconditional Love master, you will have found your soulmate and love them unconditionally. This final checkbox comes last because only when pain is gone forever are you free to fully enjoy your gift. The gift is last so darkness cannot corrupt your gift in any way.

Limbo takes roughly six months for everyone, give or take. It makes you a master by giving you your specific mission here on Earth. You will know what you came to do, and you will have the energy to go toward it. You will also have your gift and a magnetism for people who need healing themselves.

## **Step 11: Personal Sovereignty**



Limbo officially ends when all three boxes are checked but before that time you will need to take back your personal sovereignty from your heart. You do this because if you don't have your personal sovereignty, you will never really be happy here in physical reality.

This means you and your higher self need to work out what is yours to decide upon and what is theirs to decide upon. Most of the time you will be given back much with only a few things that the higher self will be firm in keeping. The rest will need agreement. For instance, when you are given back your freedom of location you and your heart will need to agree on where your body is best to be on the planet. If there is a discrepancy it must be handled immediately or as soon as possible before taking any action in the physical world ideally.

You are a demi-God after enlightenment so no one, including your higher self, can tell you what to do. This must be ironed out before enlightenment so that when that day comes you feel completely free. You will never feel free if you do not have your sovereignty. This sets up an interesting challenge. The challenge is choosing what to take back control over and what to leave alone. Due to the extreme surrender in the cocoon, it can feel good letting the heart make all your decisions so the challenge will be found in trusting yourself again even though you have seen the magic of surrender.

In Limbo is where you will be taught to discern between an actual want, a childish want, or a want born of insecurity and fear. This is the eye of the needle. Your actual wants can no longer be stifled after enlightenment, so this is the time where you and your higher self set out to bring about actual wants into reality. You do this by talking through what the heart wants you to do in exchange for what you actually want. Your higher self will tell you how to move in the direction of your heart's calling while maintaining your personal sovereignty.



## Step 12: Saying Goodbye

At the end of Limbo, you find the doorway to enlightenment. The doorway is where everything switches. The things that were torture begin to be helpful. For instance, the extremely gradual nature of both the cocoon and Limbo suddenly switch, and you begin to see them as unstoppable momentum.

If your higher self has not prompted you to do this by the end of Limbo, you will begin saying goodbye to the game of human life. You will know why all pain was created and why you wanted to experience it. You say goodbye with gratitude to pain for all that it gave to your existence.

Only when there is silence inside can you truly say goodbye to all the noise you used to hear. All the worry, the problems, the stressors, and the triggers are gone. You can say goodbye to the ordinary life that you see others trying to soak happiness from. You can say goodbye to feeling unloved ever again.

You are Unconditional Love, so this threshold is where you say goodbye to conditional love. This is when you know exactly how you deserve to be treated by everyone in your life and will accept nothing less. You become gentler due to the lack of pain. You become softer due to the increased empathy for those around you who are still in pain.

Saying goodbye is always easier after the things are gone so you can wait until after enlightenment to say goodbye if you wish. When enlightenment is a forgone conclusion because you are an unstoppable force of momentum, then enlightenment itself is taken down off the pedestal. It is simply another step in the process of evolution.

Self-discovery switches to self-mastery. You are now free to focus on opening all seven doorways with an infinite amount of time to do so. You will be given a mission that will be your focus but with zero urgency. Your mission will be tied in some way to helping eliminate



violence from the Earth through Unconditional Love and emotional intelligence. There are never any mistakes in the process.