



The Unexpected Bill Paradox

The Second Doorway To Becoming A Financial Shaman

The Paradox:

When you are working within the confines of a set amount of money like a budget, an unexpected bill threatens other areas of your life. Scarcity will tell you that you are playing a game of musical chairs and will be forced to remove something in order to compensate for the unexpected bill. Essentially, the unexpected bill is a catalyst to face your own scarcity.

All that said, the unexpected bill CAN help you grow. It does this by forcing you to come up with different solutions to the problem. You must find new ways to create or attract money or lean on different forms of abundance to overcome this challenge. However, this opportunity for growth is done in a negative way. It puts you into a hole and forces you to climb out of it or get buried within it.

The Threshold:

How do you react when an unexpected bill or expense comes your way? Do you see it as a challenge to overcome or a straw that is breaking the camel's back? Do you feel like you can never get ahead? Is this problem going to break you or force you to confront why it happened when it happened? Do you believe this is a hostile universe attempting to harm you or torture your existence? Or is this bill just another opportunity for you to show us your greatness?

The perception you have of the unexpected bill or expense will be directly connected to the solution. When you are in scarcity and can only see how disastrous this bill is to your life, your options or solutions to



the challenge are limited. Scarcity infects everything it touches. If your options are limited, so is your thinking. This means seeing this situation through the lens of scarcity clouds your focus and decision-making. Said differently, you become hyperfocused on the problem and its consequences which blinds you to all the possible ways to solve this problem. Abundance has an abundance of ways to solve any problem, otherwise, it wouldn't be abundance.

The problem is, even though there are many solutions, including one that will raise your consciousness level and get you a step closer to your highest and best self, you are restricted from them due to the energy you feel and the lens you see through, which are of course, tied together. Seeing through the lens of scarcity makes you feel fear and scarcity. That is how you can tell you are in scarcity. However, when you are experiencing fear and scarcity, it is difficult to shift your perception without first calming yourself down. Then you have to know or somehow remember or remind yourself that there is an abundance of solutions to every problem, and there is one your heart intends you to use. The ultimate question is, how do you calm yourself down to shift your perception, when being triggered by an unexpected bill and thereby feeling scarcity corrupts your imagination so that you only focus on the problem and its consequences?

The Solution: ?